

# CARELIKA

PROFESSIONAL SKIN CARE

## FIGHT WITH THE SKIN IMPERFECTIONS

13 STEP RECOVERY PROCEDURE  
FOR THE SKIN WITH  
IMPERFECTIONS AND ACNE



Acne can be an emotionally depressing and very difficult to treat disease and can lead to post-inflammatory hyperpigmentation and / or leave permanent scars. It is considered, that acne is related to hormonal changes, so it appears most often during adolescence (actually acne may appear at any age). There is also an opinion, that an inflammation of the skin arises because it is not complied with personal hygiene, but that is not true. On the contrary, the skin can be irritated by aggressive cleaning products.

CARELIKA facial care products infused with the natural ingredients can help to recover the skin.

DEPENDING ON THE SEVERITY OF THE SYMPTOMS, PEOPLE WITH ACNE MAY BE PRESCRIBED FOR A SPECIAL SKIN CLEANSING AND CARE REGIME AND SIGNIFICANTLY IMPROVE THE APPEARANCE OF THE SKIN.



## 1 STEP FACIAL SKIN CLEANSING

5 ml or 1 pump

Cleansing milk with a delicate silky texture. Cleanses and removes make-up from the face and eyes.

### MAIN INGREDIENTS:

**Cotton extract** - makes the skin velvety and soft.

**Laminaria digitata** - brown seaweed extract provides skin hydration, rejuvenates the skin and improves its condition.

**Plant glycerin** - restores skin elasticity and skin barrier function.



## 2 STEP 4 STEP 6 STEP 8 STEP 10 STEP 12 STEP

## FACIAL SKIN TONING

5 ml or 1 pump

Refreshing alcohol-free toning lotion with active moisturizing complex.

### MAIN INGREDIENTS:

**Sodium hyaluronate** - regulates and balances the skin's moisture level.

**Fucogel®** - makes the skin incredibly soft, silky and plumped.



## 3 STEP FACIAL SKIN EXFOLIATION

5-7 ml

Energizing face scrub refreshes and tones the skin, smoothes the wrinkles.

### MAIN INGREDIENTS:

**World sands** - removes dead skin cells.

**Brown micro-algae** - restores skin firmness and elasticity, effective peeling.

**Pearl extract** - has moisturizing properties, invigorates the skin, gives the skin radiance.



## 5 STEP FACIAL SKIN PEELING

5-7 ml

Heating peeling mask with cranberries.

### MAIN INGREDIENTS:

**Grape seed oil** - tones and refreshes the skin, improves its elasticity, firmness and skin color.

**Cranberry extract** - softens the skin, strengthens blood vessels, tones and increases skin resistance.

**White clay** - stimulates blood circulation in skin cells, reduces skin inflammation, cleanses the skin.



## 7 STEP FACIAL SKIN CLEANSING

5g + 5 ml 20°C water

SOS Cleansing foaming powder.

### MAIN INGREDIENTS:

**Aloe vera powder** - removes inflammation, soothes irritated skin.

**Allantoin** - exfoliates dead skin epidermal cells.

**Corn starch** - absorbs excess sebum, normalizes skin secretion.

**Thistle extract** - has an anti-inflammatory, antibacterial effect.

**Nicotinamide** - stimulates collagen and elastin synthesis.



## 9 STEP FACIAL SKIN CALMING

5-7 ml

Extreme comfort mask.

### MAIN INGREDIENTS:

**Pumpkin extract** - improves blood circulation, removes stress and skin swelling.

**Phytosqualane** - maintains water balance in the skin, prevents dryness.



## 11 STEP FACIAL SKIN ACTIVATION

25g powder + 75 ml water

Algae peel off mask with tea tree oil for oily skin with inflammation.

Exposition time 20 min

### MAIN INGREDIENTS:

**Tea tree** - a strong antibacterial effect, improves the condition of oily, problematic skin.

**Willow leaves** - cleanses oily skin and whitens imperfection spots.

**Menthol** - excellent antiseptic and anti-inflammatory properties, refreshes.



## 13 STEP SKIN HYDRATION

5 ml

Pore minimizing and mattifying facial cream.

### MAIN INGREDIENTS:

**Red algae extract** - provides immediate comfort and soothes the skin.

**Astringent plant complex** - balances the activity of sebum glands and helps to tighten enlarged pores.



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PROFESSIONAL SKIN CARE

## ONE STEP CARBOXYTHERAPY

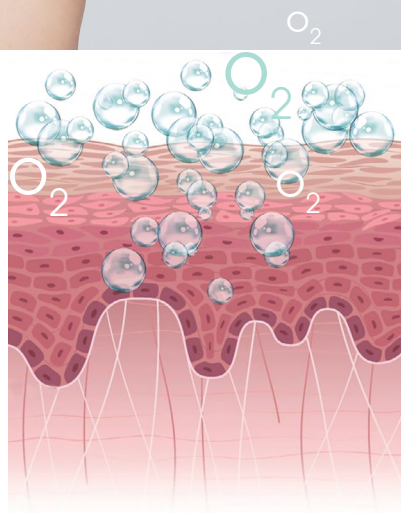
PROFESSIONAL COSMETOLOGICAL  
PROCEDURE WITHOUT INJECTIONS



A UNIQUE COMPLEX THAT  
GENTLY AND CAREFULLY  
WORKS WITH THE SKIN,  
EVENS FACE TONE,  
REJUVENATES AND  
MOISTURIZES.

This therapy strengthens blood vessels  
and stimulates collagen production.  
Carboxytherapy degrades subcutaneous  
fat cells, reduces swelling, restores  
skin elasticity and tone.

The sodium bicarbonate and monosodium citrate during the reaction with air and water form an airy foam. Papain and bromelain improve metabolism, moisturize, nourish the skin, smooth wrinkles, tone, refresh, activate collagen production and even the skin tone. Oligopeptide-3 saturates the skin with an oxygen and glucose, improves micro-circulation, activates cell regeneration, moisturizes the skin, smoothes the facial skin. Improves skin structure, slows down the aging process.



## 1 FACIAL SKIN CLEANSING

STEP 5 ml or 1 pump

Cleansing milk with a delicate silky texture. Cleanses and removes make-up from the face and eyes.

### MAIN INGREDIENTS:

**Cotton extract** - makes the skin velvety and soft.

**Laminaria digitata** - brown seaweed extract provides skin hydration, rejuvenates the skin and improves its condition.

**Plant glycerin** - restores skin elasticity and skin barrier function.



## 2 FACIAL SKIN TONING

STEP 5 ml or 1 pump

Refreshing alcohol-free toning lotion with active moisturizing complex.

### MAIN INGREDIENTS:

**Sodium hyaluronate** - regulates and balances the skin's moisture level.

**Fucogel®** - makes the skin incredibly soft, silky and plumped.



## 3 FACIAL SKIN CLEANSING

STEP 5g + 5 ml 20°C water

SOS Cleansing foaming powder.

### MAIN INGREDIENTS:

**Aloe vera powder** - removes inflammation, soothes irritated skin.

**Allantoin** - exfoliates dead skin epidermal cells.

**Corn starch** - absorbs excess sebum, normalizes skin secretion.

**Thistle extract** - has an anti-inflammatory, antibacterial effect.

**Nicotinamide** - stimulates collagen and elastin synthesis.



## 4 CARBOXYTHERAPY

STEP 20 g + 15 ml 20°C water

The unique composition of the foam mask is gentle and carefully acts on the skin, evens out complexion.

Exposition time 10-15 mins

### MAIN INGREDIENTS:

**Papain** - softens, cleanses the skin, protects against inflammation.

**Pineapple extract** - improves metabolic processes, improves skin elasticity and tone.

**Oligopeptide-3** - smoothes wrinkles, moisturizes the skin, lifts the contour of the face, improves skin color and structure.



## 5 FACIAL SKIN HYDRATION

STEP 1 piece

Cleansing and oxygenating biocellulose face mask that revitalizes, tones, cleanses the skin.

Exposition time 20 min

### MAIN INGREDIENTS:

**Green tea extract** - actively fights toxins.

**Oxygenskin®** - actively saturates cells with oxygen.

**Fucogel®** - intensively moisturizes and tones facial skin.

**Purisoft® peptides** - cleanse facial skin top layers.



## 6 SKIN HYDRATION

STEP 3 ml or 1 pipette

Hydration boost marine serum for the skin radiance, to even out the complexion.

### MAIN INGREDIENTS:

**Ginseng extract** - restores the strength and beauty of tired skin.

**Sea water** - restores and maintains normal skin function.

**Microalgae extract** - smoothes wrinkles.

**Hyaluronic acid** - maintains optimal moisture level in the skin.



## 7 SKIN NUTRITION AND HYDRATION

STEP 5 ml

Age defense day cream.

### MAIN INGREDIENTS:

**Regenerating marine complex** - activates the synthesis of elastin and collagen, stimulates the skin's natural defenses and provides protection of cells against UV damage.

**Regenerating peptide** - promotes access to oxygen and water, regeneration of cellular immunity.

**Nourishing oils** - protect the skin from moisture loss, improve skin elasticity.



# CARELIKA

PROFESSIONAL SKIN CARE

## PROCEDURE FOR THE SKIN WITH DILATED BLOOD VESSELS

10 STEP PROCEDURE FOR THE SKIN WITH COUPEROUSIS AND ROSACEA

Dilated blood vessels in the skin that appear as tiny red lines on the face are caused by couperosis or rosacea. It is one of the top skin problems. The skins with couperosis and rosacea are very sensitive and easily permeable to various substances, so it is very important to exclude potentially irritating ingredients. To solve this problem, the skin needs special care.

CARELIKA facial care products consist mostly from natural ingredients, that are especially gentle to skin with dilated blood vessels.

PROPER AND CAREFUL CARE OF SKIN WITH DILATED BLOOD VESSELS CAN RELAX, REDUCE AND STOP COUPEROUSIS BY STRENGTHENING THE BLOOD VESSELS ELASTICITY.





## 1 STEP FACIAL SKIN CLEANSING 5 ml or 1 pump

Cleansing milk with a delicate silky texture. Cleanses and removes make-up from the face and eyes.

### MAIN INGREDIENTS:

**Cotton extract** - makes the skin velvety and soft.

**Laminaria digitata** - brown seaweed extract provides skin hydration, rejuvenates the skin and improves its condition.

**Plant glycerin** - restores skin elasticity and skin barrier function.



## 2 STEP 4 STEP 6 STEP 8

## FACIAL SKIN TONING 5 ml or 1 pump

Refreshing alcohol-free toning lotion with active moisturizing complex.

### MAIN INGREDIENTS:

**Sodium hyaluronate** - regulates and balances the skin's moisture level.

**Fucogel®** - makes the skin incredibly soft, silky and plumped.



## 3 STEP FACIAL SKIN CLEANSING 5g + 5 ml 20°C water

SOS Cleansing foaming powder.

### MAIN INGREDIENTS:

**Aloe vera powder** - removes inflammation, soothes irritated skin.

**Allantoin** - exfoliates dead skin epidermal cells.

**Corn starch** - absorbs excess sebum, normalizes skin secretion.

**Thistle extract** - has an anti-inflammatory, antibacterial effect.

**Nicotinamide** - stimulates collagen and elastin synthesis.



## 5 STEP FACIAL SKIN EXFOLIATION 5-7 ml

Gentle particle free scrub.

### MAIN INGREDIENTS:

**Red algae** - provide long-lasting skin hydration and increase cell division.

**Brown algae extract** - provides skin hydration, regenerates the skin and improves its condition.

**Plant glycerin** - restores skin elasticity and skin barrier function.



## 7 STEP FACIAL SKIN ACTIVATION 20 g powder + 60ml 20°C water

Algae peel off mask with bilberry and vitamin C.

Exposition time 20 min

### MAIN INGREDIENTS:

**Bilberry extract** - strengthens blood vessels, smoothes wrinkles and rejuvenates the skin.

**Vitamin C** - improves vascular elasticity, stimulates collagen synthesis, prevents the formation of carcinogens and regenerates the skin.



## 9 STEP SKIN HYDRATION 3 ml or 1 pipette

Hydration boost marine serum for the skin radiance, to even out the complexion.

### MAIN INGREDIENTS:

**Ginseng extract** - restores the strength and beauty of tired skin.

**Sea water** - restores and maintains normal skin function.

**Microalgae extract** - smoothes wrinkles.

**Hyaluronic acid** - maintains optimal moisture level in the skin.



## 10 STEP SKIN NUTRITION AND HYDRATION 5 ml

Hydrating cream with hyaluronic acid.

### MAIN INGREDIENTS:

**Laminaria extract** - restores skin hydration, prevents water loss.

**Hyaluronic acid** - maintains optimal moisture level in the skin.



# CARELIKA

PROFESSIONAL SKIN CARE

## INTENSE HYDRATION

PROCEDURE FOR THE  
OPTIMAL HYDRATION LEVEL  
RECOVERY

YOUR YOUTH  
SECRET KEY -  
IS A HYDRATION



Water is vital for all cells in the body, especially the skin. The elasticity of the skin is ensured by the fact that the cells of the upper stratum corneum of the skin contain 30% water. When cells lack moisture, the skin signals with dryness and sensitivity. Through the skin daily evaporates approximately 500 ml of liquid.

The water content in the deepest layers of the skin cannot be provided with cosmetics, but the upper layers can be moisturized directly by applying cosmetics for external use.

EACH SKIN - YOUNG OR MATURE,  
DRY, OILY OR MIXED IS IN NEED  
OF MOISTURE, TO MAINTAIN  
YOUTH AND ELASTICITY.



## 1 STEP FACIAL SKIN CLEANSING 5ml or 1 pump

Micellar water with a jelly structure for makeup and daily dirt cleansing. Especially suitable for sensitive skin.

### MAIN INGREDIENTS:

**Syricalm™** - helps the skin to create a barrier that protects from external negative factors.

**Aloe vera** - removes inflammation, soothes irritated skin.



## 2 STEP FACIAL SKIN CLEANSING 5g + 5 ml 20°C water

SOS Cleansing foaming powder.

### MAIN INGREDIENTS:

**Aloe vera powder** - removes inflammation, soothes irritated skin.

**Allantoin** - exfoliates dead skin epidermal cells.

**Corn starch** - absorbs excess sebum, normalizes skin secretion.

**Thistle extract** - has an anti-inflammatory, antibacterial effect.

**Nicotinamide** - stimulates collagen and elastin synthesis.



## 3 STEP FACIAL SKIN TONING 5 ml or 1 pump

Refreshing alcohol-free toning lotion with active moisturizing complex.

### MAIN INGREDIENTS:

**Sodium hyaluronate** - regulates and balances the skin's moisture level.

**Fucogel®** - makes the skin incredibly soft, silky and plumped.



## 4 STEP FACIAL SKIN EXFOLIATION 5-7 ml

Energizing face scrub refreshes and tones the skin, smoothes the wrinkles.

### MAIN INGREDIENTS:

**World sands** - removes dead skin cells.

**Brown micro-algae** - restores skin firmness and elasticity, effective peeling.

**Pearl extract** - has moisturizing properties, invigorates the skin, gives the skin radiance.



## 6 STEP FACIAL SKIN ACTIVATION 15g powder + 60ml 20°C water

Tonifying and cleansing lemon-lime smoussy shaker mask.

Exposition time 20 min

### MAIN INGREDIENTS:

**Lemon extract** - stimulates the synthesis of collagen and elastin, evens skin tone.

**Lime extract** - gives the skin radiance, helps to exfoliate dead cells and protects epidermal cells from infections.



## 8 STEP FACE SKIN MOISTURIZING 1 piece

Biocellulose face mask with hydration and regeneration properties.

Exposition time 15-20 min

### MAIN INGREDIENTS:

**Sea collagen** - responsible for skin elasticity and barrier function, provides a strong moisturizing effect.

**Fucogel®** - makes the skin incredibly soft, silky and plumped.

**Sodium hyaluronate** - regulates and balances the skin's moisture level.



## 9 STEP SKIN HYDRATION 3 ml or 1 pipette

Hydration boost marine serum for the skin radiance, to even out the complexion.

### MAIN INGREDIENTS:

**Ginseng extract** - restores the strength and beauty of tired skin.

**Sea water** - restores and maintains normal skin function.

**Microalgae extract** - smoothes wrinkles.

**Hyaluronic acid** - maintains optimal moisture level in the skin.



## 10 STEP SKIN NUTRITION AND HYDRATION 5 ml

Hydrating cream with hyaluronic acid.

### MAIN INGREDIENTS:

**Laminaria extract** - restores skin hydration, prevents water loss.

**Hyaluronic acid** - maintains optimal moisture level in the skin.





# CARELIKA

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PROFESSIONAL SKIN CARE

## OXYGENATION OF THE SKIN

PROCEDURE FOR THE FAST  
SKIN RECOVERY

THE SECRET OF  
THE RADIANT AND  
SMOOTH SKIN  
IS OXYGEN



Your skin needs oxygen to look healthy. When the skin lacks oxygen, it becomes dull and looks older. In order to restore the strength and elasticity of skin cells, make the skin healthy and regenerate it, the cells need to be constantly nourished, enriching them with oxygen. The formation of biologically active substances in the skin is improved, metabolism and regeneration of skin cells are promoted.

Healthy and natural 10 step procedure with a help of Carelika products for the instant result.

INSTANT RESULT AFTER THE  
PROCEDURE: THE SKIN IS  
RADIANT, PLUMPED, FRESH AND  
RELAXED. VISIBLE LIFTING EFFECT  
AND WRINKLES LOOK SMOOTHER.



## 1 STEP FACIAL SKIN CLEANSING

5 ml or 1 pump

Peach micellar water for the make up and daily dirt cleansing.

### MAIN INGREDIENTS:

**Peach water** - helps to regenerate skin tissues, tightens skin pores and makes tired skin to look radiant, helps protect the skin from the harmful effects of UV rays.

**Aloe vera** - removes inflammation, soothes irritated skin.



## 2 STEP 4 STEP 6 STEP 8 STEP

### FACIAL SKIN TONING

5 ml or 1 pump

Refreshing alcohol-free toning lotion with active moisturizing complex.

### MAIN INGREDIENTS:

**Sodium hyaluronate** - regulates and balances the skin's moisture level.

**Fucogel®** - makes the skin incredibly soft, silky and plumped.



## 3 STEP FACIAL SKIN EXFOLIATION

5-7 ml

Gentle particle free scrub.

### MAIN INGREDIENTS:

**Red algae** - provide long-lasting skin hydration and increase cell division.

**Brown algae extract** - provides skin hydration, regenerates the skin and improves its condition.

**Plant glycerin** - restores skin elasticity and skin barrier function.



## 5 STEP FACIAL SKIN CLEANSING

5 g + 5 ml 20°C water

Purifying enzymatic peeling-powder with vitaminizing effect.

### MAIN INGREDIENTS:

**Papaya extract** - softens, cleanses the skin, protects against inflammation.

**Pineapple extract** - improves metabolic processes, improves skin elasticity and tone.

**Rice extract** - acts as a natural collagen on the skin, stimulates tissue regeneration.

**Papain** - exfoliates dead skin cells and accelerates the formation of new cells.



## 7 STEP OXYGENATION OF THE SKIN

5-7 ml

Purifying bubble mask.

### MAIN INGREDIENTS:

**Purisoft®** - attracts and neutralizes pollution and heavy metals in the skin, absorbs all environmental microparticles that make it difficult for the skin to breathe, and strengthens the skin's immunity.

**Oxygeskin®** - retains moisture, facilitates the supply of oxygen to cells, increases the dynamics of skin oxygen levels.



## 9 STEP SKIN HYDRATION

3 ml or 1 pipette

Hydration boost marine serum for the skin radiance, to even out the complexion.

### MAIN INGREDIENTS:

**Ginseng extract** - restores the strength and beauty of tired skin.

**Sea water** - restores and maintains normal skin function.

**Microalgae extract** - smoothes wrinkles.

**Hyaluronic acid** - maintains optimal moisture level in the skin.



## 10 STEP SKIN NUTRITION AND HYDRATION

5 ml

Hydrating cream with hyaluronic acid.

### MAIN INGREDIENTS:

**Laminaria extract** - restores skin hydration, prevents water loss.

**Hyaluronic acid** - maintains optimal moisture level in the skin.

